



**Dominican Center Marywood  
at Aquinas College**  
*a ministry of Dominican Sisters-Grand Rapids*

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SPIRITUAL FORMATION PROGRAMS

## SPIRITUAL DIRECTOR PRACTICUM ~ RECOMMENDATION

Recommendation for (name) \_\_\_\_\_

Name of person completing this form \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

### TO THE APPLICANT

Please enter your name in the space immediately below and mail to your reference, enclosing a stamped envelope addressed to Spirituality Program Coordinator, Dominican Center Marywood at Aquinas College, 1700 Fulton Street East, Grand Rapids, MI 49506-1700.

### TO THE PERSON COMPLETING THIS RECOMMENDATION

\_\_\_\_\_ is a participant in Dominican Center Marywood's Spiritual Formation Program. The next phase of the program offers the possibility of participation in the Spiritual Direction Practicum. This is an intensive, advanced two-year formation and education in the art of spiritual direction. Those applying for admission into this process should be above average in personal and ministerial maturity. They should also be capable of engaging in a dialogical program of theological study and reflection, individual and peer group supervision, and the practice of spiritual direction with a diverse population.

The thoughts and information you provide on this form will assist the staff at Dominican Center Marywood in the selection of applicants for this program. Once staff has read your evaluation, it will be destroyed. We understand discernment as both an individual and communal process. Your feedback will be most helpful and we thank you for your time and insights.

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**Describe the context of your relationship with the applicant:**

**Would you send a member of your family to this candidate for spiritual direction? Why or why not?**

**Would you go to the candidate for spiritual direction? Why or why not?**

Please rate the applicant on each item using a scale of 1 to 10 (10 being the highest):

**Spiritually**

- Shows evident faith dimension in his/her life
- Has ability to talk about his/her spiritual life
- Shows stability in his/her faith life
- Shows an eagerness to grow in prayer and in relation to God

**Psychologically**

- Is open, honest and frank in relationship with peers
- Is open, honest and frank with persons in positions of leadership
- Demonstrates maturity of thought, attitudes, and feelings
- Has regard for persons and their development and growth as well as one's own personal growth
- Has the ability to talk about one's feelings
- Has a self-confidence radiated rather than asserted
- Has potential for change of attitudes, ways of living, ideas, ways of relating to people

**Intellectually**

- Manifests ability to think independently and to be challenged by difficult areas of concentration
- Has the ability to articulate, question, discuss, and challenge
- Has an eager attitude toward reflection, study, research
- Satisfactory achievement in prior degree work

**Ministerially**

- Shows potential for creative developments in pastoral ministry in general and in spiritual direction in particular
- Has satisfactory interpersonal relationships, especially listening skills
- Has the ability to work well with groups
- Has the ability to deal with persons on a one-to-one basis
- Satisfactory demonstration of responsible behavior
- Satisfactory demonstration of responsible leadership potential
- Has vision of ministry in spiritual direction that would embrace a variety of lifestyles and spiritual traditions

**Do you have any additional observations or comments to supplement your ratings?**

*If you need additional space, please append this recommendation form with an additional page.*

**Please return this form to:**

Diane Zervas, OP, Spirituality Program Coordinator / Dominican Center Marywood / 1700 Fulton St. East / Grand Rapids, MI 49506